

Rights based approach and mental illness

D M Naidu
Basic Needs India

Rights based approach and mental illness

- Communities and families play a vital role in persons with mental illness exercising their rights and discharging their duties
- Community members should respect and ensure rights of persons with mental illness

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- Right to gender equality
- Right to information and education (nature of illness, healing options and care needs)
- Right to choice, informed consent including 'refusing treatment'
- Right to accessibility and availability of various healing facilities as close as possible to where they live in

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- Right to inclusion: to form support groups/join associations, to include in development processes, to join all walks of life with dignity and without any stigma and discrimination
- Right to family: intimate relationships, sexual relationships, marriage, parenting and living with children

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- Right to food security (nutritious food)
- Right to free environment and bodily integrity
- Right to liberty: optimum participation, free movement, and least restrictive environment
- Right to well-being: play, recreation, leisure activities, participation in social & cultural functions in the community & spirituality

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- Right to socio economic security: poverty alleviation & employment, vocational training, entrepreneurship, alternative employment, housing, insurance, etc.
- Right to owning property, with provision for necessary assistance depending on the level of incapacity/disability determining through standard protocols

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- Right to protection of law against all discriminatory practices
- Right to political participation: to vote and contest elections at community and higher levels, be a member of statutory bodies

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Let us build healthy communities!

Thank you