

Backbone Principles of the CBR Guidelines



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Backbone Principles of CBR

INCLUSION

EMPOWERMENT

90%

SUSTAINABILITY

Inclusion

- Participate in all sectors of society as equal
- Have access to same services as others
- Eliminate all Barriers (physical, social, legal)

Inclusion

- Livelihood
- Education
- Health Care
- Culture & Religion
- Financial Services
- Organisations

Inclusion

- Changes people's perceptions
- Breaks down Stigma
- Advocacy / Self-Advocacy:
Put Disability Issues on the Agenda

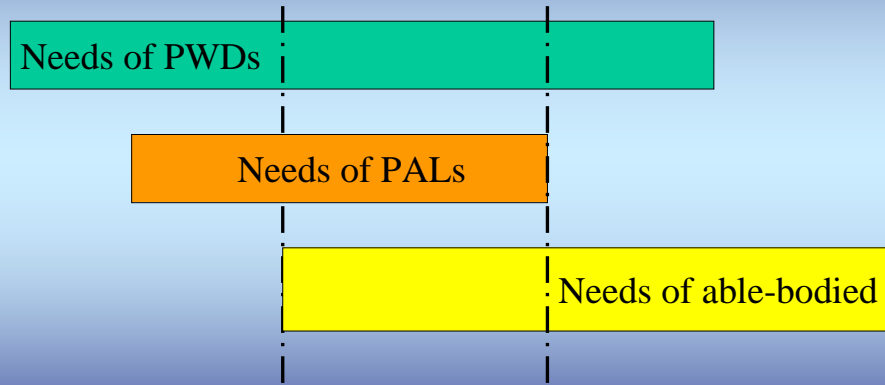
In the Media

Overlapping Needs

Needs of PWDs

Needs of able-bodied

Overlapping Needs



INCLUSION



EMPOWERMENT

Empowerment

- Best done in Community
 - Self-Help Groups
 - Disabled People's Organisations
- The importance of Role Models
 - Media Events

Sustain-ability

CBR will always cost Money!

- Build programmes that last
- Develop training routines
- Build organisational structures
- Develop decision making processes
- Build partnerships and networks
- Develop stable sources of income

Application to Leprosy

INCLUSION



EMPOWERMENT

SUSTAINABILITY

Basic Services

- Medical Care
- Therapy
- Assistive Devices
- Training / Exercises

A Condition for Empowerment!

Socio-Economic Rehab

- Vocational Training
- Savings & Loans Programs
- Job Placement
- Self-Employment

A Boost for Empowerment!

Integration

From a Leprosy focus to inclusive CBR

Why?

Because it goes against exclusion

Integration

From a Leprosy focus to inclusive CBR

- Collaboration for wide coverage
- Recognise unique contributions
- Participatory needs analysis
- Research to facilitate transition
- CBR needs to be context-specific

pre-congress workshop
on CBR Hyderabad 08

Barriers to Integration

- Stigma & Self-Stigma
- Fear of loosing benefits (Lep)
- Donor policies
- Outdated Professional Opinions
- Resistance to power sharing by professionals

pre-congress workshop
on CBR Hyderabad 08

Integration: TLM experience

- CBR in India: Multi-disability SHGs
- Nepal: SCG for Leprosy-affected became SHG for PWDs
- DPOs in Sudan: Integrated
- DPOs in Mozambique: Segregated
- DPO in Ethiopia: Federated

Stronger leprosy DPO integrates more easily

Special Programs ?

- Special Programs are a fact of Life
- We will always need Special Programs
- Prepare PWDs for the Mainstream
- Care for those who Cannot



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EMPOWERMENT



SUSTAINABILITY