

International training announcement: **Rehabilitation and Prevention of Disability**

Introduction:

BIKASH is proudly organising the 15th RPOD international course on RPOD in Pokhara. The major focus of this course is the prevention and management of leprosy-related disability. This course is now even more important when most of the country around the world have reached the target of elimination of leprosy as public health problem. However, the course also addresses general disability and rehabilitation principles that can be related to other causes such as diabetes, filariasis, and buruli ulcer and nerve injury.

The course outline:

1. Anatomy and function of the eye, hand and foot
2. Diagnosis and treatment of leprosy, reaction and neuritis
3. Assessment and recording of nerve function impairment (NFI) in the eyes, hands & feet
4. Treatment of Nerve Function Impairment.
5. Prevention, management & correction of secondary impairments
6. Effective promotion of self-care
7. Assessment and reduction of activity limitations
8. Assessment and reduction of participation restrictions
9. Managing a Prevention of Disability (POD) program

Methodology:

Training will be based on principles of adult learning, and include:

- State-of-the-art lectures
- Interactive learning activities
- Group work

Target group:

- Health professionals
- Health workers and community members currently involved in the prevention and management of leprosy-related disability.

Course prerequisite:

Competence in written and spoken English

Venues and Dates:

BIKASH Nepal, Pokhara: 5-16 December 2011 (2 weeks)

- Additional weeks of in-service training are available if pre-arranged.
- Participants without or little knowledge in leprosy and/or rehabilitation are advised to register for a one week in-service orientation prior to the commencement of the formal course.

Main facilitators:

- **Anne Roberts (Ethiopia)**, Anne is a physiotherapist with experience working in the field of leprosy in India and Ethiopia. She has a Masters degree in Medical Education.
- **Dr J Wim Brandsma**, Rehabilitation Consultant. Wim trained in The Netherlands as a physiotherapist and completed his PhD on the intrinsic muscles of the hand. He has spent more than 30 years specialising in leprosy, based in Ethiopia (ALERT), Uganda (Kumi), India (SLR&TC, Karigiri), Nepal (GPH & BIKASH, Pokhara) and the USA (Carville, Louisiana) will co-facilitate in this course.
- Senior hospital staff from Green Pastures Hospital and Rehabilitation Centre and the Partnership for Rehabilitation program (Nepal).

Course fee: (for all above courses)

US\$ 1200 including full board and lodging. The course fee also covers required educational materials, field visits and local transportation.

Certification:

A certificate will be awarded at the end of the training on successful completion.

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